the mountains are in view golden spiked and angled clean far, far below my tiny window in the sky how can we read and yawn up here? eating our little packaged pretzels sleeping with eye-masks on to mute the shock of gold reflecting from the peaks instead of gasping these full ninety minutes in unbridled awe of the miracles of sight and flight and the desperate beauty above and below

we glide slow beneath that heavy painted stripe chinook cloud arching wide a lover's outstretched arms our carriage but a speck of tin inside the lungs of god

again I leave my prairie behind
I say, "my" prairie
because I've fallen head-over-heels
too many times to count
for one canola field or other
boundless smiling yellow that sustains me through the months of snow
tugging on warm memories
each time I depart

but I feel part-keeper of the ocean I'm heading for, too one drop must be allotted mine, at least, I feel it so deeply inside my salted blood liquid ancestor like a great-grandmother with her ancient healing recipes mysterious herbs passed down through generations so my ocean mother seems to be herself a shimmering potion with some mystic knowledge of my insides and how to make them whole again and again each time I return to her heart gaping

I look down to where the forests are only black smudges and feel the surge of silent awe again there is a gladness growing in me I have not heard from in years a little fern bright green and new and strong from way up here I feel my little fern heart reaching past the fumbling clouds to the sides of those mountains the forests low and between

where everything is being accomplished in perfect time every task of living full and even though my feet are so high above the ground even though I'm in between I feel connected to where I've been and where I'm going all at once and rooted glad fern heart into the shining earth